

## Nordic Sub-Junior & Junior Powerlifting Championships 24.04.2010, Lempäälä, Finland

Women Sub-Junior					Squat				Bench Press				Deadlift				Total	Wpts	Pts	
52 kg	Name	YOB	Nat	Bwt	1.	2.	3.	Result	1.	2.	3.	Result	1.	2.	3.	Result				
1.	Frida Leandersson	1995	SWE	51,20	<u>105,0</u>	<u>110,0</u>	<u>110,0</u>	110,0	<u>47,5</u>	<u>50,0</u>	<u>52,5</u>	50,0	<u>110,0</u>	<u>115,0</u>	<u>117,5</u>	117,5	<b>277,5</b>	350,10	12	
<b>60 kg</b>					-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
1.	Marie Tunroth	1992	SWE	60,00	<u>110,0</u>	<u>130,0</u>	<u>130,0</u>	110,0	<u>50,0</u>	<u>55,0</u>	<u>57,5</u>	57,5	<u>130,0</u>	<u>150,0</u>	<u>155,0</u>	155,0	<b>322,5</b>	359,55	12	
<b>67,5 kg</b>					-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
1.	Hanna Leandersson	1993	SWE	65,80	<u>122,5</u>	<u>130,0</u>	<u>130,0</u>	130,0	<u>52,5</u>	<u>55,0</u>	<u>55,0</u>	52,5	<u>115,0</u>	<u>120,0</u>	<u>127,5</u>	120,0	<b>302,5</b>	314,50	12	
<b>90+ kg</b>					-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
1.	Ina Fager	1995	SWE	106,95	<u>150,0</u>	<u>160,0</u>	<u>165,0</u>	165,0	<u>62,5</u>	<u>65,0</u>	<u>70,0</u>	65,0	<u>145,0</u>	<u>155,0</u>	<u>167,5</u>	167,5	<b>397,5</b>	325,21	12	

### 3 Best Lifters on Wpts

1. Marie Tunroth SWE 359,55 pts
2. Frida Leandersson SWE 350,10 pts
3. Ina Fager SWE 325,21 pts

### Nation Points

1. Sweden 48 pts

Women Junior					Squat				Bench Press				Deadlift				Total	Wpts	Pts	
52 kg	Name	YOB	Nat	Bwt	1.	2.	3.	Result	1.	2.	3.	Result	1.	2.	3.	Result				
1.	Emelie Ullström	1989	SWE	51,40	<u>90,0</u>	<u>97,5</u>	<u>105,0</u>	105,0	<u>57,5</u>	<u>60,0</u>	<u>60,0</u>	57,5	<u>105,0</u>	<u>110,0</u>	<u>112,5</u>	110,0	<b>272,5</b>	342,76	12	
<b>60 kg</b>					-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
1.	Silje Marie Amundsen	1991	NOR	59,30	<u>125,0</u>	<u>125,0</u>	<u>135,0</u>	135,0	<u>62,5</u>	<u>62,5</u>	<u>70,0</u>	62,5	<u>115,0</u>	<u>125,0</u>	<u>130,0</u>	130,0	<b>327,5</b>	368,47	12	
<b>67,5 kg</b>					-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
1.	Anni Vuohijoki	1988	FIN	67,00	<u>175,0</u>	<u>191,0</u>	<u>191,0</u>	175,0	<u>100,0</u>	<u>106,5</u>	<u>112,5</u>	106,5	<u>165,0</u>	<u>165,0</u>	<u>177,5</u>	177,5	<b>459,0</b>	470,98	12	



1.	Jarkko Perttula	1993	FIN	82,30	<del>205,0</del>	<u>215,0</u>	<u>230,0</u>	230,0	<u>127,5</u>	<u>132,5</u>	<del>435,0</del>	132,5	<u>200,0</u>	<u>210,0</u>	<u>217,5</u>	217,5	<b>580,0</b>	389,11	12
2.	Jonas Wennberg	1992	SWE	81,25	<del>245,0</del>	<u>215,0</u>	<del>225,0</del>	215,0	<u>105,0</u>	<u>110,0</u>	-----	110,0	<u>230,0</u>	<del>247,5</del>	<del>255,0</del>	230,0	<b>555,0</b>	375,26	9
3.	Jyri Taanila	1993	FIN	80,50	<u>160,0</u>	<u>175,0</u>	<del>485,0</del>	175,0	<u>110,0</u>	<u>122,5</u>	<del>427,5</del>	122,5	<u>160,0</u>	<u>175,0</u>	<u>185,0</u>	185,0	<b>482,5</b>	328,12	8
<b>90 kg</b>																			
1.	Erik Gunhamn	1992	SWE	89,00	<u>250,0</u>	<u>270,0</u>	<u>282,5</u>	282,5	<u>135,0</u>	<u>145,0</u>	<del>452,5</del>	145,0	<u>265,0</u>	<u>288,0</u>	<del>295,0</del>	288,0	<b>715,5</b>	459,40	12
2.	Ville Patjas	1993	FIN	85,75	<del>200,0</del>	<u>210,0</u>	<del>220,0</del>	210,0	<u>120,0</u>	<del>430,0</del>	<u>130,0</u>	130,0	<u>200,0</u>	<u>215,0</u>	<u>222,5</u>	222,5	<b>562,5</b>	368,49	9
3.	Mikko Kortelainen	1992	FIN	86,00	<u>195,0</u>	<u>207,5</u>	<u>215,0</u>	215,0	<u>125,0</u>	<u>127,5</u>	<u>130,0</u>	130,0	<u>180,0</u>	<del>205,0</del>	<del>205,0</del>	180,0	<b>525,0</b>	343,36	8
<b>100 kg</b>																			
1.	Teemu Leppänen	1993	FIN	97,65	<u>240,0</u>	<u>250,0</u>	<u>260,0</u>	260,0	<u>147,5</u>	<u>155,0</u>	<u>160,0</u>	160,0	<u>285,0</u>	<u>300,0</u>	<u>315,0</u>	315,0	<b>735,0</b>	451,71	12
2.	Jonatan Gönge	1992	DEN	93,60	<del>280,0</del>	<del>280,0</del>	<u>280,0</u>	280,0	<u>152,5</u>	<del>457,5</del>	<del>457,5</del>	152,5	<u>250,0</u>	<del>260,0</del>	<u>260,0</u>	260,0	<b>692,5</b>	433,71	9
3.	Matias Mäkinen	1992	FIN	99,50	<u>225,0</u>	<del>230,0</del>	<u>230,0</u>	230,0	<del>435,0</del>	<u>135,0</u>	<u>140,0</u>	140,0	<u>235,0</u>	<u>245,0</u>	<u>250,0</u>	250,0	<b>620,0</b>	378,09	8
-	Johannes Eklund	1993	SWE	97,20	<del>220,0</del>	<del>220,0</del>	<del>220,0</del>	-----	-----	-----	-----	-----	-----	-----	-----	-----	<b>disq</b>		

### 3 Best Lifters on Wpts

1.	Erik Gunhamn	SWE	459,40 pts
2.	Teemu Leppänen	FIN	451,71 pts
3.	Jonatan Gönge	DEN	433,71 pts

### Nation Points

1.	Finland	66 pts
2.	Sweden	33 pts
3.	Denmark	9 pts

Men Junior				Squat				Bench Press				Deadlift				Total	Wpts	Pts	
67,5 kg	Name	YOB	Nat	Bwt	1.	2.	3.	Result	1.	2.	3.	Result	1.	2.	3.				Result
1.	Hans Erik Folkeseth	1989	NOR	65,65	<u>205,0</u>	<u>215,0</u>	<u>220,0</u>	220,0	<del>440,0</del>	<u>140,0</u>	<del>445,0</del>	140,0	<u>232,5</u>	<u>240,0</u>	<del>245,0</del>	240,0	<b>600,0</b>	473,19	12
2.	Erik Svensson	1991	SWE	67,20	<u>210,0</u>	<u>225,0</u>	<u>230,0</u>	230,0	<del>445,0</del>	<u>115,0</u>	<del>425,0</del>	115,0	<u>210,0</u>	<u>230,0</u>	<u>242,5</u>	242,5	<b>587,5</b>	454,59	9



1.	<b>Bo Andre Bergan</b>	1989	NOR	107,75	<u>305,0</u>	<u>315,0</u>	<u>325,0</u>	325,0	<u>190,0</u>	<u>197,5</u>	<u>205,0</u>	205,0	<u>295,0</u>	<u>305,0</u>	<u>315,0</u>	315,0	<b>845,0</b>	500,54	12
2.	<b>Tommy Odland</b>	1991	NOR	106,05	<u>272,5</u>	<u>282,5</u>	<del>287,5</del>	282,5	<u>190,0</u>	<u>197,5</u>	<u>202,5</u>	202,5	<u>230,0</u>	<u>240,0</u>	<u>250,0</u>	250,0	<b>735,0</b>	437,69	9
<b>125 kg</b>					-	-	-		-	-	-		-	-	-				
1.	<b>Emil Sundberg</b>	1989	FIN	123,95	<u>295,0</u>	<u>305,0</u>	<u>315,0</u>	305,0	<u>200,0</u>	<u>210,0</u>	<u>220,0</u>	210,0	<u>260,0</u>	<u>285,0</u>	<del>300,0</del>	285,0	<b>800,0</b>	456,67	12

### 3 Best Lifters on Wpts

1.	<b>Petteri Keränen</b>	FIN	528,73 pts
2.	<b>Bo Andre Bergan</b>	NOR	500,54 pts
3.	<b>Kim Andre Blikås</b>	NOR	473,68 pts

### Nation Points

1.	<b>Norway</b>	62 pts
2.	<b>Finland</b>	57 pts
3.	<b>Denmark</b>	38 pts
4.	<b>Sweden</b>	35 pts

### Records:

**Ina Fager, SWE**

Squat 165,0 kg, Deadlift 167,5 kg, Total 397,5 kg, Sub-Junior 90+ kg class Nordic records

**Anni Vuohijoki, FIN**

Bench Press 106,5 kg, Junior 67,5 kg class Nordic Record and Finnish record, Deadlift 177,5 kg Junior Finnish Record

**Erik Gunhamn, SWE**

Deadlift 288,0 kg, Total 715,5 kg, Sub-Junior 90 kg class Nordic records

**Teemu Leppänen, FIN**

Deadlift 315,0 kg, Sub-Junior Nordic Record and M17 90+ kg class and M20 100 kg class Finnish records

### Referees:

**Arvidsson, SWE**

**Margetta Salminen, FIN**

**Ilkka Seppälä, FIN**

**Bigseth, NOR**

**Ville Orasmaa, FIN**

**Diter, DEN**

**Heikki Peräsalo, FIN**